



Your Best Life: Reentry Workshop Series

MENTAL WELLNESS WORKSHOP

Join us for a mental wellness workshop led by the Western Michigan University Counseling Psychology Graduate Student Organization. We will explore: common mental health experiences that returned citizens might encounter, resources for locating and receiving services, what a counseling process entails, and much more! Come fellowship with the community and programming will start at 2:30. All are welcome and lunch will be provided.

SUNDAY, NOVEMBER 18

2:00 - 4:00

STATE APPELLATE DEFENDER OFFICE

645 GRISWOLD ST.

FLOOR 33

DETROIT, MI 48226