



ISSUE NO.23  
SEPTEMBER 2019

# THE DRUM

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## UPCOMING EVENTS

### PROJECT REENTRY LIFE MAPPING

Sunday, September 22nd

2:00PM - 4:00PM

State Appellate Defender Office

645 Griswold St. Suite 3300

Detroit, MI 48226

Join us for a workshop led by Anna Kohn, nonprofit manager of the reentry organization, RecoveryPark, where formerly incarcerated individuals will acquire tools to successfully make decisions and set personal and professional goals for the future.

FREE | Refreshments provided

### WHERE WE HAVE BEEN, WHERE WE ARE, WHERE

### WE NEED TO GO IN BAIL REFORM, IN AMERICA

Saturday, October 5th

12:00PM lunch

1:00PM Speaker | Judge Truman A. Morrison III, Senior Judge District of Columbia Superior Court, D.C.

Edgewood United Church

469 N. Hagadorn Rd.

East Lansing, MI 48823

The annual Truman Morrison Lectures Series honors the legacy of Edgewood's founding pastor and continues his quest for social justice infused with lively theological thought and committed action.

\*RSVP Cindy @ 517-332-8693, Ext. 201

### OUT4LIFE: WALK A MILE IN MY SHOES

Thursday, October 10th

Salvation Army

16130 Northland Dr

Southfield, MI 48075

An informative reentry simulation designed to allow attendees to experience the obstacles and barriers returning citizens face upon returning to the community.

### MICHIGAN JOINT TASK FORCE ON JAILS AND PRETRIAL INCARCERATION: DETROIT MEETING

Friday, October 18

Public testimony: 1:30PM-4:00 PM

Wayne State University Law School

Spencer M. Partrich Auditorium

471 W. Palmer St.

Detroit, MI 48202

## UNTITLED

BY T. KING-BEY, 20 YEARS OLD

A lot of people say "prison is what you make it", and I totally agree. If you come in here big and bad, thinking you are, you are going to get tested and most likely attract negative crowds, which brings negative attention, which brings negative outcomes. Even if you come in thinking you are going to just do your time and stay out of the way, and get out, you will still leave the same person as you were when you entered prison.

By coming to prison, I learned you have to build and improve your character. You have to change, period. This is obvious because the person you were before led you to a place that you shouldn't be in life. So that's exactly what I did. I started reading and expanding my mind from criminal to real education that will put me on the road to success. I then realized how much I was actually capable of doing in life. I learned more about myself and the person I am. Then I began to love myself. I began to care about myself and my future. I actually started to want to become something.

I honestly was getting in trouble with the CO's and catching a lot of tickets but I never went to the hole. I felt as long as I stayed to myself and worried about my own problems there was no way I could get sent to the hole. It definitely works, but nothing is easy in here. Except getting involved with all the negativity, that's easy. There are many things that happen that really get on your nerves, like when your laundry comes up missing, or when your bunkie locks the toilet because we only get two flushes and after that the toilet locks for an hour. These things really throw you out of character and make you do things you regret.

All in all, you have to try to have a strong mentality and really just focus on your future because at the end of the day that's all that matters. Just play your cards right and think positive and all will be well. I learned that the hard way.

DETROIT AT WORK AND FCA

- FIAT Chrysler Automobiles Basic Job Requirements:
- 18 years of age or older
  - High school diploma or equivalent
  - Pass a drug screen, including recreational and medical marijuana
  - Basic math and mechanical reasoning assessment
  - Federal or State Photo ID

Step 1: Complete the pre-registration questions at [detroitatwork.com.FCA](http://detroitatwork.com.FCA) and sign up for a Detroit at Work Pre-Application Prep Event.

Step 2: Attend and complete the Pre-Application Prep Event.

Step 3: Complete follow-up activities from the event. This could include applying for social security card and qualifying ID, math testing supporting classes, and/or high school graduation or equivalent documentation.

If you complete all 3 steps and qualify based on FCA requirements, you will be notified on how you can apply early.

Note: Interviews and conditional job offers- Oct/Nov 2019

MATRIX WORKFORCE DEVELOPMENT CENTER

The Matrix Workforce Development Center has a variety of career positions currently available including two in auto assembly (\$12 to \$12.50 / hr), a production associate (\$14 to \$19 / hr), as well as customer service, janitorial, merchandise and stocking associate, and more at \$11 / hr. Positions available in Warren, Sterling Heights, Auburn Hills, and Madison Heights. If interested email the Manager of Workforce and Development Services, Debbie Blackman: [dblackman@matrixhs.org](mailto:dblackman@matrixhs.org).

WELLER AUTO JOB FAIR

Wednesday, September 18th  
3:00 PM - 6:00 PM  
Baymont Inn  
8282 Pfeiffer Farms Dr.  
Grand Rapids, MI 49315  
Jamie Kahnoski 616-299-5051  
[jkahnoski@leveltengroup.com](mailto:jkahnoski@leveltengroup.com)

On site interviews. Weller is looking to add new talent to our growing team in the areas of Shipping/Receiving, Dispatch Associate, Counter Sales, and car cleaner. Weller offers an excellent benefits package, including health, dental, vision, 401k and vacation.

FOR ASSISTANCE APPLYING TO JOBS OR TO BE CONNECTED TO EVENTS AND RESOURCES IN YOUR AREA, PLEASE REACH OUT TO PROJECT REENTRY.



Thank you to all attendees and presenters of last month’s workshop on Healthy Relationships! And a special thank you to Cindy’s “Yoga for a Cause” group from Lansing for the monetary contribution for food for the event! We hope to see you again at our September workshop. **See attached flyer on page 7** for more information.



INTERESTED IN ATTENDING, FACILITATING, OR CONTRIBUTING? EMAIL  
PROJECT REENTRY AT [REENTRY@SADO.ORG](mailto:REENTRY@SADO.ORG) OR  
SEND A LETTER TO  
PROJECT REENTRY  
STATE APPELLATE DEFENDER OFFICE  
645 GRISWOLD, SUITE 3300  
DETROIT, MI 48226

## CITIZEN SPOTLIGHT LORENZO HARREL CAME HOME FEBRUARY 2019

### HOMETOWN

Detroit, MI

### HOBBIES AND INTERESTS

My interest is my work. I am a brailist. This is my interest, hobby and job and I love it because I get to help people. Being a brailist allows me to give back to people who can't see. It is also very lucrative and I am able to make a living off of it. I enjoy hanging out with my friends and listening to music in the car. Also, I love being a role model for my nephew, taking him to places like the science museum, Chucky Cheese, and bounce houses.

### SUCCESS AFTER INCARCERATION

My successes since my release include being around positive people and the community around me. Making it is one of my greatest successes, while also helping take care of my mother. She is in a nursing home and I go see her twice a day. It feels good to give back to my family.

### STRUGGLES AFTER INCARCERATION

My biggest struggles have been trying to adjust to society and learning the language. Being able to communicate with others after spending so long in prison has been difficult, but I am learning. Budgeting my money has also been one of the hardest things I have had to learn how to do since being released.



### MESSAGE TO THE COMMUNITY

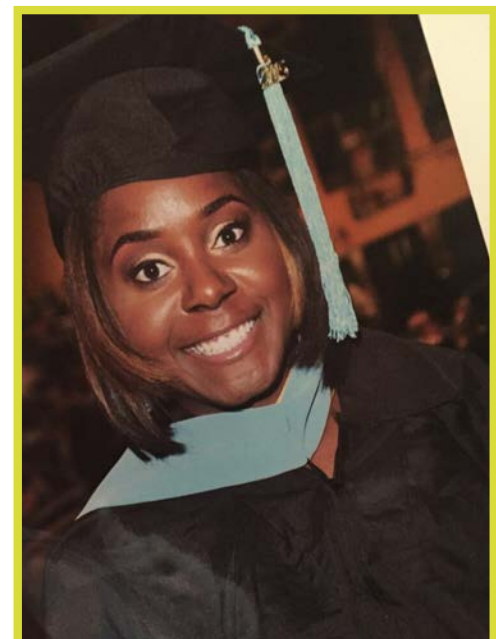
There is so much I want to say. But what I want the community to know is that every ex-prisoner is not a threat to society. They should be embracing them and seeing them as individuals and helping them. Help them overcome some of these struggles. I have had so much help and I wouldn't have been able to do it without them. I am very fortunate for that.

### MEET THE TEAM



### A'NARRIS MONGER

My name is A'Narris Monger and I am the new National Legal Aid and Defender Association (NLADA) AmeriCorps VISTA member for the State Appellate Defender Office (SADO). I have a bachelor's degree in Interdisciplinary Studies in Social Science from Michigan State University and a master's degree in Community Health Education from Wayne State University. I am passionate about the community and preventative mental, physical, and social health. I am excited to join your SADO's efforts to support individuals and their journeys to enter back into the community. Before joining AmeriCorps, I worked as a corrections officer for three years. It gave me a great perspective on what individuals go through while incarcerated and what they need when they get home. I come with an abundance of experience and skills, and I look forward to joining your team.







## MAYA ANGELOU SAID THIS

"I've learned that no matter what happens, or how bad it seems today, life goes on, and it will be better tomorrow.

I've learned that you can tell a lot about a person by the way he/she handles these three things : a rainy day, lost luggage, and tangled Christmas tree lights. I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life.

I've learned that making a "living" is not the same thing as making a life. I've learned that life sometimes gives you a second chance.

I've learned that you shouldn't go through life with a catcher's mitt on both hands: you need to be able to throw some things back.

I've learned that whenever I decide something with an open heart, I usually make the right decision. I've learned that even when I have pains, I don't have to be one.

I've learned that every day you should reach out and touch someone. People love a warm hug, or just a friendly pat on the back.

I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

I've learned that I still have a lot to learn."

## WHAT IS SELF-CONCEPT?

Self-concept is the way you see yourself. You can have a positive self-concept, a negative one, a confused one, or a combination of any number of things.

Self-concept is central to all that a person does. The way you think about yourself is the foundation for all other thought and the way you evaluate all other information. If we do not think well of ourselves, we will assume that others are thinking the same way. Our thoughts can keep us from hearing the real messages others are sending us.

As we develop our self-concept, we select information about ourselves from those around us. Our earliest thoughts usually come from family and our closest friends. Then that group expands to include teachers, neighbors, schoolmates, coaches, and many others.

We do not hear all things equally. We tend to hear negative things more loudly. We find our self-concept invaded with negatives. Some of these come from ourselves and some from others. For example, we often start the day looking in the mirror in search of blemishes. Our next thought is how to cover them up and present ourselves in a more attractive way.

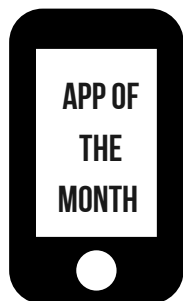
Over time we find that our image of ourselves is distorted by doubts not only about our appearance but also about our performance. Now the question is: How do we undo the damage of these ideas and re-create within ourselves the concept of well-being and self-acceptance?

## ATTITUDE

"The longer I live, the more I realize the impact of attitude on life. Attitude, to me is more important than facts. It is more important than the past, than education, than money, than circumstances, than failures, than successes, than what other people think or say or do. It is more important than appearance, giftedness or skill. It will make or break a company...a person...a home. The remarkable thing is we have a choice every day regarding the attitude we will embrace for that day. We cannot change our past. We cannot change the fact that people will act a certain way. We cannot change the inevitable. The only thing we can do is play on the one string we have, and that is our attitude. I am convinced that life is 10% what happens to me and 90% how I react to it. And so it is with you. You are in charge of your attitudes. And with that your destiny."

-Charles R. Swindoll

**HAVE SOMETHING TO SHARE? EMAIL  
PROJECT REENTRY AT  
REENTRY@SADO.ORG OR  
SEND A LETTER TO  
PROJECT REENTRY  
STATE APPELLATE DEFENDER OFFICE  
645 GRISWOLD, SUITE 3300  
DETROIT, MI 48226**



## MEETUP



Meetup is an application that lets you meet people with the same tastes and preferences that you have and create groups where you can meet and hang out in real life. The goal of Meetup is connecting people with the same tastes so they can meet and do all the activities they have in common. When you create your user account in Meetup, you'll be able to choose between dozens of different interests that will determine the type of Meetups (hanging out spaces) that might interest you. If, for example, you indicate that you are interested in independent cinema and video games, Meetup will show you all the groups related to those subjects, so you can connect with the rest of the users that share your interests. Naturally, you can also create your own Meetup on any subject you want.

## READ/WATCH/LISTEN

### READ THE COLOR OF LAW

Author Richard Rothstein argues how segregation in America is the byproduct of explicit government policies at the local, state, and federal levels.

### WATCH

### TRUE JUSTICE: BRYAN STEVENSON'S FIGHT FOR EQUALITY

The HBO documentary follows Stevenson's struggle to create greater fairness in the system and shows how racial injustice emerged, evolved and continues to threaten the country, challenging viewers to confront it. Go to [hbo.com](http://hbo.com) to view the film for free.

### LISTEN THE 730 PODCAST

The 730 Podcast unpacks how trauma and mental illness intersect with the Black experience in America, told through the experience of a Black man living with bipolar disorder.

## RECIPE OF THE MONTH | GINGER LEMON TEA



### INGREDIENTS

1. 1 Teaspoon fresh grated ginger
2. 1 Lemon wedge
3. 1 cup hot water
4. 2-3 teaspoons honey (optional)

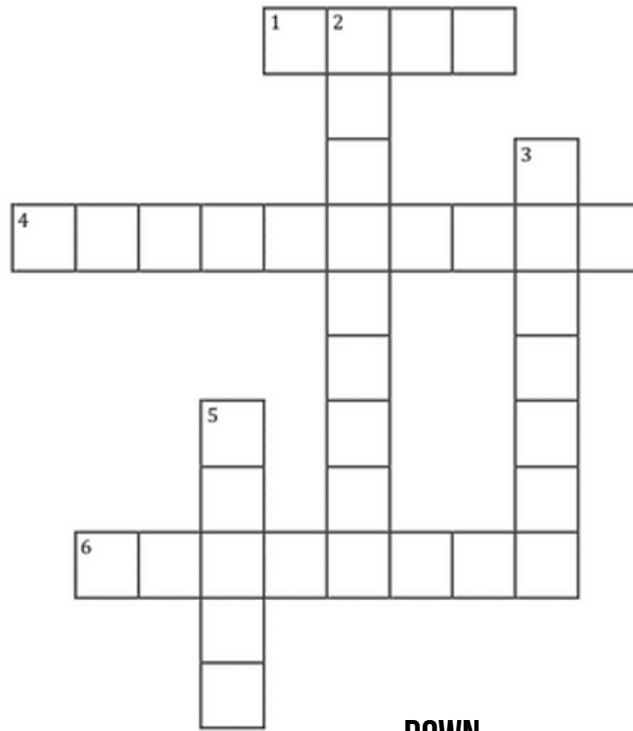
### NOTE

To make an entire pot: Make as instructed above using 2 tablespoons fresh grated ginger, 1 small sliced lemon or 1/2 large lemon, 6 cups boiling water, 4-5 tablespoons honey (optional).

### INSTRUCTIONS

1. Boil water in a kettle.
2. Use a large coarse grater to shave fresh ginger into a mug.
3. Place a wedge of fresh lemon in the mug. You can place both in a tea infuser to strain the tea if you like.
4. Pour boiling water into the cup and let the lemon and ginger steep for 5 minutes before serving.
5. Add honey to taste

## SEPTEMBER CROSSWORD



### ACROSS

1. October gets its name from this Latin numeral meaning "eight"
4. \_ \_ \_ \_ \_ \_ \_ \_ People's Day celebrates the history and culture of people native to what is now the United States
6. Michigan's Anime convention coming to Detroit October 31st

### DOWN

2. The traditional flower for the month of October
3. Popular pie in the Autumn months
5. Fall crop in the pumpkin family

## CALLING ALL THINKERS, INNOVATORS AND ARTISTS!

The Drum was created to serve as a creative outlet, meeting place, and resource for resource for people coming home from prison and their supporters. Recall these words from the first issue, written by Antonio Williams:

"Cross-culturally the drum has symbolized the collective conscience and heart beat of a community. The sound of the drum has long been associated with a call to community meetings, the dissemination of information and a way for spread-out communities to stay connected. Returning citizens comprise such a community and, as such, they face unique challenges and difficult obstacles...There is so much to be gained in the sharing of our experiences and The Drum will be our meeting place." If you have read a book recently, attended an event, or created something, we would love to hear about it. Or, if you feel that The Drum is not covering something that it should cover, please reach out! Contact us by calling (313) 256-9833 and ask for Project Reentry or email [reentry@sado.org](mailto:reentry@sado.org). Thanks!

To see past versions of The Drum, visit [www.sado.org/go/drum](http://www.sado.org/go/drum)  
Follow SADO on Facebook, Instagram, and Twitter @SADOmich  
**HAVE QUESTIONS OR SOMETHING TO CONTRIBUTE?**  
CALL (313) 256-9833  
**AND ASK FOR A PROJECT REENTRY TEAM MEMBER**  
OR EMAIL US AT  
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OR SEND A LETTER TO  
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645 GRISWOLD, SUITE 3300  
DETROIT, MI 48226

A faint, light brown map of the United States serves as the background for the entire poster. The map is centered and covers most of the page area.

# SADO

PRESENTS

# LIFE MAPPING WORKSHOP

Join us for a workshop led by Anna Kohn, nonprofit manager of the reentry organization, RecoveryPark, where formerly incarcerated individuals will acquire tools to successfully make decisions and set personal and professional goals for the future•

SUNDAY SEPTEMBER 22, 2019



2:00-4:00 PM

645 GRISWOLD ST

33RD FLOOR

DETROIT, MI 48226

ALL ARE WELCOME. SNACKS WILL BE PROVIDED. PLEASE RSVP TO  
MARILENA DAVID-MARTIN AT [MDAVID@SADO.ORG](mailto:MDAVID@SADO.ORG) OR

313-670-0309