



NEWS ARTICLE BY LISA ROCHOW	PG. 1
RESOURCE OF THE MONTH	PG. 2
FAREWELL TO MSW INTERNS	PG. 3
DETROIT STUDENT SHOWCASE	PG. 4
READ/WATCH/LISTEN	PG. 5
WELCOME TO THE TEAM	PG. 6
CROSSWORD	PG. 7

**UPCOMING EVENTS****FREE WEEKLY MEDITATION WORKSHOP**

Mondays at 6:30 p.m.  
Detroit Public Library  
8715 W Vernor Hwy,  
Detroit, MI 48209

**FREE YOGA FOR BEGINNERS**

December 14, 2:00-4:00 p.m.  
Sterling Heights Public Library  
40255 Dodge Park Rd.  
Sterling Heights, MI 48313  
Through a synthesis of 5-minute yoga practices, this session will present easy-to-practice yet potent tools to enhance health, joy, peace, love, success, and inner exploration. Learn how to cope with the hectic pace of modern lifestyles and realize your full potential in all spheres of life.

**COFFEE WITH STATE REP. STEPHANIE CHANG**

December 16, 2019 at 10:30 AM – 12 PM  
Avalon Cafe and Bakery  
1049 Woodward Ave  
Detroit, MI 48226

Join your State Senator for coffee and conversation! Bring your ideas, questions, or concerns. See you there!

**KWANZAA CELEBRATION AT THE WRIGHT**

December 26, 2019 - January 1, 2020  
315 E Warren Ave.  
Detroit, MI 48201  
Daily events at the Charles H. Wright Museum of African American History. Enjoy seven days of tradition and FREE family fun as we feel the beat of the drums, experience the vivid colors and vibrations of African dance groups, revel in the messages of dynamic speakers and passionate artists, and support our various vendors!

**THE IMPORTANCE OF ADDRESSING SEXUAL VIOLENCE HOLISTICALLY IN 2019****BY LISA ROCHOW**

A pressing issue is the recent debate around the Violence Against Women Act (VAWA), which Congress passed under Title IV of the Violent Crime Control and Law Enforcement Act in 1994 (Hunter, 2019). As the first federal policy established surrounding sexual violence, VAWA enacted policies to protect survivors of sexual violence while also approaching sexual violence holistically by acknowledging the importance of funding essential resources and services for survivors.

Although VAWA has not yet been reauthorized in 2019, the bill has been reauthorized by legislators three times since 1994 and has always included new language with relevant updates and/or expansions (NCADV, 2019). Consequently, VAWA has been evolving and becoming more effective in helping survivors for twenty-five years.

Although funding for VAWA is not yet threatened, we must begin to think about the implications of not revitalizing important legislation as sexual violence becomes more significant. We need to consider what the future of sexual violence legislation looks like if we're going to attend to the growing need of resources, services, and education surrounding the issue.

To ensure racial and social justice within our policies, it's essential for us as a society to address the fundamental issue within sexual violence: trauma. If we are to move forward, we must come together to rebuild the way we handle criminality and sexual violence. By enacting policies that are equitable and foster restorative justice and healing, our communities will become stronger.

VAWA came from the Violent Crime Control and Law Enforcement Act which produced for-profit prisons, mass incarceration, prison overcrowding, and racial disparities within the criminal justice system. The time has come to address sexual violence for everyone within policies that are separate from those that punish people based on the color of their skin. We must organize together in order to repair the systems that divide us as a society and establish innovative policies that ensure both perpetrators and survivors of violence can heal in collective spaces without fear.

**References**

Hunter, L. (2019, May 8). Congress Must Reauthorize, Expand, and Improve VAWA in 2019. Retrieved from <https://www.americanprogress.org/issues/criminaljustice/news/2019/05/08/469082/congress-must-reauthorize-expand-improve-vawa-2019/>.

NCADV: National Coalition Against Domestic Violence. (n.d.). Yes, VAWA Expired: What This Means, How We Got Here, and What Happens Next. Retrieved from <https://ncadv.org/blog/posts/yes-vawa-expired-what-this-means-how-we-got-here-and->

### THE HEAT AND WARMTH FUND OR THAW

An independent 501(c)(3) non-profit organization, distributes assistance to vulnerable Michigan residents that need utility assistance during the holiday season. THAW has multiple utility assistance programs available from affordable payment plans with DTE LSP, SEMCO MAP, Consumers Energy CARE, UPPCO and EASE, utility payment assistance, and State Emergency Relief (SER). Visit THAW at 535 Griswold Street Detroit, MI 48226 or call at (313) 226-9465.

### H.I.R.E

The National Helping Individuals with criminal records Re-enter through Employment (H.I.R.E.) Network is both a national clearinghouse for information and an advocate for policy change. HIRE provides leadership on public policy advocacy, provides technical assistance and training on overcoming labor market barriers based on a criminal record, and promotes collaboration between individuals directly affected by the criminal justice system, advocates, practitioners, researchers, and policymakers working to improve the employability of people with criminal records. To get involved with HIRE or to learn more visit <https://www.hirenetwork.org/home>.

**FOR ASSISTANCE APPLYING TO JOBS, REFERENCES, OR TO BE CONNECTED TO EVENTS AND RESOURCES IN YOUR AREA,  
PLEASE REACH OUT TO PROJECT REENTRY.**

# THANKYOU

To the SADO community, friends, and family for making this year's End of the Year Celebration extra special. Project Reentry relies on support from community members, attorneys, volunteers, and students. We are extremely grateful to work with people equally passionate about the fight for justice. We look forward to continuing the work as we grow into the new year. Please look out for information about the next workshop in February 2020.



**INTERESTED IN ATTENDING, FACILITATING, OR CONTRIBUTING?**

**EMAIL PROJECT REENTRY AT [REENTRY@SADO.ORG](mailto:REENTRY@SADO.ORG) OR**

**SEND A LETTER TO:**

**PROJECT REENTRY**

**STATE APPELLATE DEFENDER OFFICE**

**645 GRISWOLD, SUITE 3300**

**DETROIT, MI 48226**

# FAREWELL TO OUR MSW INTERNS



## TAYLOR

### FUTURE PLANS

Continue the work of my ancestors and work towards Black liberation.

### MESSAGE TO THE COMMUNITY

Thank you for welcoming me into this space. I am privileged to walk away having fostered genuine relationships and partnerships with such an empowering community. "The marathon continues".



## ELIZABETH

### FUTURE PLANS

I plan to continue supporting folks affected by incarceration in some capacity. While I'm not sure where I'll land next, I'm excited for my next adventure.

### MESSAGE TO THE COMMUNITY

Thank you for welcoming me into the Project Reentry community and into your lives. I will miss working, learning, and growing with you all. I will be supporting you all and your continued accomplishments even if it is from a distance!

## HARLEY

### FUTURE PLANS

I am hoping to move around these next two years, visiting Wisconsin, Portugal and Georgia. Then I would like to eventually go to Law School wherever they take me!



### MESSAGE TO THE COMMUNITY

Thank you for allowing myself and the rest of the interns to learn and work with you all. I have had such an amazing time getting to know everyone and will forever remember my time here at SADO. I hope for good health and happy lives for all of us and will always keep the people I met at SADO in my thoughts.

---

**It's time to say a bittersweet goodbye to 4 members of the Project Reentry team. Thank you for your hard work, dedication, and positive energy. You have all brought something unique to this project, and we look forward to keeping up with all the incredible things each of you will achieve!**

---



## LISA

### FUTURE PLANS

I'm going to continue working with homebound individuals at Ann Arbor Meals on Wheels until I find a job with my MSW. I will also continue my organizing work within the Bassnectar community in order to continue feeling empowered to do more in this beautiful world.

### MESSAGE TO THE COMMUNITY

I am so lucky to have had this experience at SADO. Thank you so much for allowing me to work with all of you over the past year. I am so grateful for the opportunity to be a part of Project Reentry and the knowledge and experiences you have shared with me. I know everyone will continue doing great things and I am looking forward to seeing everyone sometime in the future.



## PROJECT REENTRY AT DETROIT STUDENT SHOWCASE



Our student interns, Taylor Bonner and Briana Tetsch, were on a panel to present their work in Detroit and the efforts of Project Reentry. Taylor presented about her class project in Detroit and Briana spoke about the mission of Project Reentry and the resources provided to clients. When presenting, Briana mentioned the systematic oppression that targets people of color and communities. After connecting with organizations like Detroit Disability Power and League of Women Voters, Briana felt reaffirmed that social workers are needed at the table and in the conversations.

The Detroit Showcase was a great opportunity to bring together students, professors, and community members to discuss the work organizations are providing the Detroit community. It was inspiring to hear that many of the people coming into these positions were understanding of their own identities and understood how to create solutions to issues in their communities. Moving forward as social workers we must use both a strengths-based and grassroots approach to fight the systematic oppression in our Detroit community.



## MICHIGAN TO OFFER OPIOID ADDICTION TREATMENT IN PRISON

In November, Michigan announced that it will begin providing medication-assisted treatment (MAT) for folks incarcerated that have an addiction and is an effort to combat the nationwide opioid epidemic. Governor Whitmer said, "This epidemic touches all areas of our state and is one of the greatest health crises of our lifetimes. My No. 1 priority is protecting our families and our overall public health, and these efforts will help bring us closer to ending this epidemic."

In an important move that reinforces addiction as an illness — not a moral failing — for which everyone deserves treatment, Michigan is joining the national trend of offering medication-assisted treatment (MAT) to prison inmates. They will have access to methadone, naltrexone (Vivitrol) and buprenorphine, which goes by the brand name Suboxone. The medications reduce cravings and soften withdrawal symptoms and are considered the gold standard in opioid addiction treatment, even though Suboxone is frequently diverted for street sales.





## Citymapper

### FIND THE BEST ROUTE

This trip planner combines all transport modes in your city to find the fastest route: bus, subway, train, ferry, cab (Uber, Lyft, taxi), car share, bike share and walk.

### REAL TIME DEPARTURES

Live bus and train times

### ALERTS

Be notified of delays and disruptions for your favorite lines.

### STEP-BY-STEP DIRECTIONS

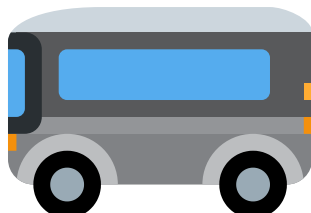
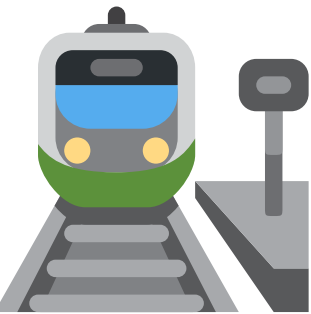
Follow your trip in real-time with step-by-step directions, including live bus times and an alarm when it's time to get off the bus.

### OFFLINE MAPS

Official offline maps and more.

### MULTIMODAL

Combine cab with transit to create new routes you never knew existed.



## FREEDOM EXPRESS

"We are on  
your time"

## TRANSPORTATION SERVICES

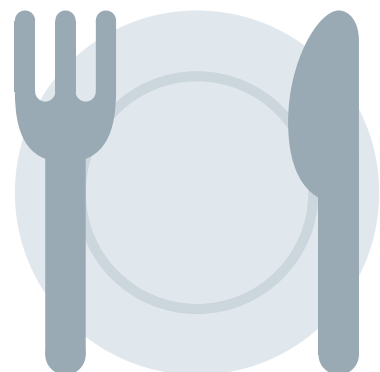
Need fast, reliable, flexible, and safe transportation? Call Craig with Freedom Express Transportation. Freedom Express at 313-725-0742. Freedom Express Transportation provides transportation throughout Metro Detroit and beyond.

## RECIPE OF THE MONTH

### PANTRY VEGETABLE SOUP

This recipe is perfect for Fall and helps use up some pantry items! Feel free to substitute whatever vegetables you have on hand, and get creative with your own additions.

1. Heat a tablespoon of oil in a large pot on the stove. Chop any fresh vegetables you want to use up, and add to the pot. Cook over medium heat until vegetables are tender. If you would like to add beef, or another meat protein, add it now to cook with the vegetables
2. Add 2-3 cups of water or stock to the pot. Now, you can decide what spices you want to add to your soup. Play around with the spices that sound good to you.
3. Next, add canned or frozen items. Any canned or frozen vegetables, beans, or even soups can be used to round out your recipe. Once the items are put into the soup pot, stir thoroughly and let cook for 10 minutes or until heated through.
4. After the soup has been heated through, add pasta to the pot and bring to a low boil for about 7-10 minutes or until the pasta is just done. At this point, taste the soup and see if any of the spices need adjustment.
5. Let the soup simmer until you're ready to serve. Enjoy!

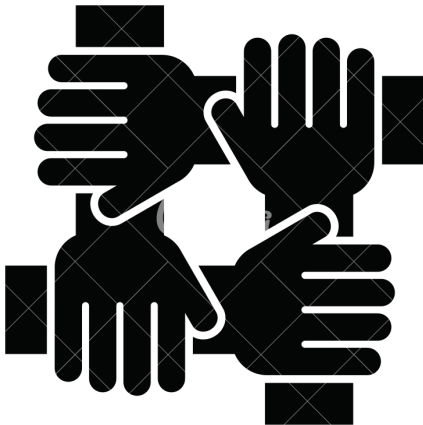


## WELCOME TO THE TEAM!



### JOSE BURGOS

Jose Burgos will start as a part-time Reentry Specialist on 12/9. Jose has been home since October 2018 after serving approximately 27 years in prison as a juvenile lifer. He was a leader on the inside and has proven to be extremely resourceful in navigating reentry issues since coming home. While in prison, Jose helped launch the Youth Deterrent Program in his facility and was one of six individuals chosen to mentor youth from the community. He also mentored youthful probationers and students as a member of G.O.A.L.S. (Guiding Our Adolescents to Live Successful). Jose also launched a book club for youthful offenders and lifers and was one of two individuals chosen to facilitate the DOC's youthful offender orientation.

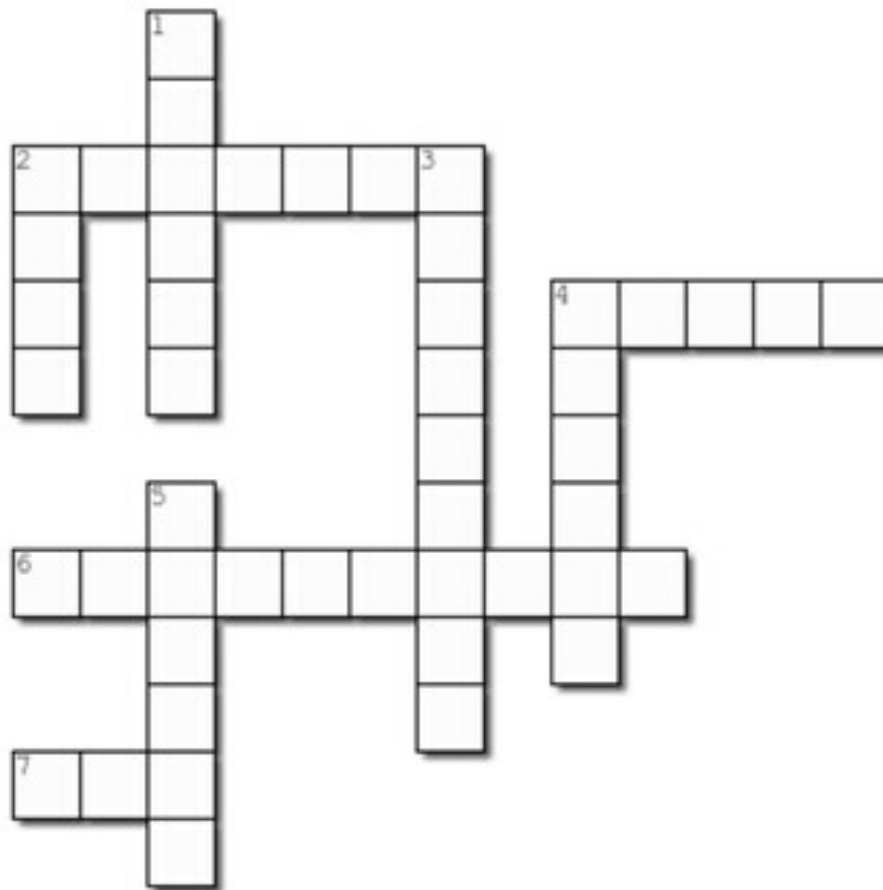


### PERCY GLOVER

Percy Glover will start as a full-time Reentry Specialist on 12/16. Percy has 15 years of experience working in career development, community resources, housing, education, and reentry. He is coming to us from Oakland County Michigan Works! Pontiac, where he served as a Program Manager. Prior to that, he worked as a contractor for the MDOC in Region 6 where he assisted individuals on parole in transitioning back to the community. Percy also spent many years in administration at Mott Community College. Having been previously incarcerated, Percy brings with him a great deal of knowledge from his personal experiences and professional involvement working with the MDOC.



# Winter Crossword



## Across

2. You build this with snow
4. Neck Warmer
6. White particles that fall from the sky
7. Frozen Water

## Down

1. Put on your hand when you're cold
2. Snow Vehicle
3. End of year celebration
4. Tool for scooping snow
5. Play this sport on ice

